

A COMPARATIVE STUDY ON SERUM VITAMIN K₁, A AND E LEVELS IN CAMELS (*Camelus dromedarius*) AND OTHER ANIMALS

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ABSTRACT

Serum levels of vitamins K₁, A and E were determined in 22 camels (*Camelus dromedarius*). Samples from cows, sheep, goats and sand gazelles (*Gazella subgutturosa marica*) in the same area were included for comparison. Concentration of vitamin K₁ in adult camels (0.923±0.234 nmol/l) was significantly higher than in <1-year old camels (0.409±0.063 nmol/l). Vitamin K₁ concentration in adult camels was also significantly higher than that recorded in bovines, sheep and goats. Vitamin A and vitamin E levels were comparable in adult and young camels.

Key words: Camels, serum, vitamin A, E, K

Vitamin K is a fat soluble vitamin occurring naturally in two forms, as vitamin K₁ (phylloquinone) in plants and vitamin K₂ (menaquinone) produced by intestinal bacteria (Furie *et al*, 1999). Vitamin K₂ is not a single compound but a series of substances with side chains of varying lengths (Furie and Furie, 1992). Vitamin K is required for the liver production of clotting factors II, VII, IX and X (Gibbs, 1995). These factors are all glycoproteins with several 6-carboxyglutamic (GLa) acid residues clustered at N-terminal end peptide chain (Suttie, 1980). Other vitamin K-dependent GLa proteins include proteins C, S and Z which also function in the regulation of coagulation (Clouse and Comp, 1987). In addition to blood coagulation (Mann, 1999), vitamin K plays a key role in vascular biology (Berkner and Runge, 2004) and bone metabolism via synthesis of GLa-proteins (osteocalcin) and matrix GLa-proteins (Price, 1988).

Acquired clotting defects are more common than hereditary in domestic animals (Gentry and Downie, 1993). These include liver disease, vitamin K deficiency and excessive oral anticoagulant therapy, each of which requires treatment with vitamin K (Vermeer and Hamulyak, 1991).

There is a lack of published information on vitamin K in the camel's blood and of studies dealing with comparative aspects of vitamin K in domestic

animals. Fat soluble vitamin requirements for all domestic animals except for the camel are published by National Academy of Sciences (Bishop, 2004). Therefore, vitamins A and E were assayed along with vitamin K in camels. Few other studies have been reported on vitamins A and E (Snow *et al*, 1992; Abbas and Ali, 2001; Mohamed, 2004; Mohamed, 2006) and more recently vitamin D (Mohamed, 2008) in Arabian dromedary camels. In view of this a comparative study on Vitamin K₁, A and E levels in camels and other animals was undertaken.

Materials and Methods

Blood Samples

Blood samples were collected by jugular venipuncture into plain vacuotainer tubes from 22 healthy camels (*Camelus dromedarius*), comprising 11 adult female and 11 young (< 1 yr) male camels, in addition to 8 adult cows (Friesian-Holstein), 10 adult female goats (*Aradi* breed), 8 adult male sheep (*Awassi* breed) and 4 female Arabian sand gazelles (*Gazella subgutturosa marica*), randomly sampled from Riyadh area in central Saudi Arabia. Sera were separated by clotting and stored at -30°C until analysis.

Vitamin Analysis

Vitamins A, E and K were estimated by HPLC method (Paixao and Campos, 2003). Briefly, 100

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µl samples of serum were extracted with 500 µl acetonitril, and the extracts were centrifuged at 2000 g for 5 minutes, evaporated under a stream of N₂ gas and re-dissolved in 2 ml hexane. Quantitative analysis was performed in a reverse phase HPLC system (SHIMADZU Corp., Kyoto, Japan) consisting of system controller (SCL-10AVP), column oven (CTO-10ACVP) and solvent delivery module (LC-10-ADVP). The mobile phase consisted of 95% methanol and 5% ethanol and the flow rate was 0.8 ml per minute. The detection was performed by an UV detector at three wave-lengths 325 nm for vitamin A, 300 nm for vitamin E and 245 nm for vitamin K. The quantification was performed with delivered standard solution (Sigma, UK). The vitamin concentrations were calculated via integration of the peak areas in the external standard calibration mode.

Data were analysed by ANOVA, using GLM procedure in SAS (Goodnight *et al*, 1986) and Duncan's multiple range test was used to detect significant differences between the means.

Results

Results of vitamin K₁ in serum of camels are given in table 1. Mean vitamin K concentrations were significantly (P> 0.05) higher in camels as compared to cattle, sheep and goats. Mean values of the vitamin in camels and gazelles were nearly double the values in other domestic animals. Values of vitamin K₁ in adult

Table 1. Mean (±SD) and ranges of vitamin K concentrations in serum of camels, cattle, sheep, goats and gazelles.

Species	(No.)	Mean (nmol/l)	±SD	Range
Camels				
Adult (3-4 years)	(11)	0.923 ^a	0.234	0.717 - 1.329
Young (>1 year)	(11)	0.409 ^b	0.063	0.268 - 0.559
Cattle	(8)	0.699 ^b	0.072	0.556 - 0.776
Sheep	(8)	0.432 ^b	0.109	0.271 - 0.464
Goats	(10)	0.446 ^b	0.086	0.322 - 0.56
Gazelles	(4)	1.023 ^a	0.114	0.90 - 1.125

a-b = Means bearing different superscripts are statistically different (P<0.05).

Table 2. Mean±SD and ranges of vitamins A and E concentration in serum of camels.

Animals	(No.)	Mean	±SD	Ranges	
Adult	(11)				
		Vit A (nmol/l)	0.156	0.063	0.105 - 0.276
		Vit E (mmol/L)	0.293	0.172	0.081 - 0.293
Young	(11)				
		Vit A (nmol/l)	0.132	0.044	0.085 - 0.181
		Vit E (mmol/L)	0.259	0.104	0.133 - 0.374

were also significantly higher than in young camels. Indeed mean vitamin K₁ values in young camels were comparable to those in other domestic animals.

The mean values of vitamins A and E are summarised in table 2. These values were not significantly different between adult and young camels. The ranges for both vitamins in adult were also comparable to those in young camels.

Discussion

In the current study phyloquinone (vit K₁) but not menaquinone (vit K₂) was measured due to the fact that utilisation of nutritional phyloquinone for prothrombin synthesis is better than that of menaquinone (Groenen-van *et al*, 1995; Groenen-van *et al*, 1993). In addition, the intestinal micro-flora produces substantial amount of vit K₂, but the extent to which these products are absorbed has remained a matter of debate (Suttie, 1980).

Significantly higher levels of vitamin K₁ were observed in camels and gazelles compared to other domestic animals. It is established that factors determining body pool size of a vitamin are type of diet, rate of absorption, utilisation and metabolism (McDowell, 1989). In this study higher levels of vitamin in sera of camels may be due to high uptake of vitamin K₁ from plants. An explanation for this high uptake may come from the fact that the phyloquinone originates from pasture. The predominant pasture plants of camels in this area contain high amount of oil in g/kg dry matter basis, required to dissolve the vitamin. These plants included *Haloxylon salicornium* (31.5 g/kg), *Centenium elegant* (24 g/kg) and *Trifolium alexandrnum* (18 g/kg) (Gaili *et al*, 2000). In human subjects the uptake of vitamin K from green vegetables was 5 - 15 % depending on the fat content of the meal (Gijsbers *et al*, 1996). A marked difference was observed in the absorption of phyloquinone dissolved in oil and the slightly more hydrophilic menaquinone (Koivu-Tikkanen *et al*, 2000).

Lower levels of vitamin K₁ in serum of young camels compared to adults may further substantiate the observation that these young animals were still largely dependant on milk which may contain lower amount of the vitamin compared to pasture. Measurement of vitamin K in milk and supplementing vitamin K to pre-ruminants deserve further research.

Regarding serum vitamin A and E, the values were almost similar in adult and young camels

especially when ranges of concentration of vitamins are considered, suggesting that milk may also contain an appreciable levels of vitamins (Stahl *et al*, 2006). An insignificant age effect on these vitamins was previously observed in the llama (Smith *et al*, 1998). The present vitamin A values are comparable to those reported in Sudanese camels (Mohamed, 2004) whereas vitamin E values are lower than those reported in the latter as well as in racing camels in the United Arab Emirates (Snow *et al*, 1992). Both vitamins may interact in lipophilic areas in the body to protect cellular and liquid biological system against oxidative damages (Guo and Packer, 2000). Values of vitamin A were always higher (Snow *et al*, 1992) and vitamin E were always lower (Snow and Frigg, 1990; Al-Senaigy, 1996) in camels than those in other species. However, Hidiroglou and Williams (Hidiroglou and Williams, 1986) observed the reverse trend for plasma a-tocopherol depending on the diet. Therefore, the type of diet and other ecological factors should be considered when comparing results from different authors.

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Camel α S1-Casein: Thermal and Chaperone Behaviors of Phosphorylated and Dephosphorylated States

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Protein aggregation is the leading cause of more than 20 different of so called protein conformational diseases such as Alzheimer's, Parkinson, Huntington's and cataract. The aim of this study was the extraction, purification and dephosphorylation of camel α S1 casein in order to study the thermal behavior and chaperone activity of α S1 casein on the anti aggregation of insulin and catalase. Camel α S1-CN was purified, using diethyl amino ethyl (DEAE) cellulose as the anion exchanger matrix and the purity of the protein sample was analyzed using SDS-PAGE and urea PAGE. Potato acid phosphates was used to remove the phosphate groups of the casein and degree of dephosphorylation was assessed by using different techniques, including SDS-PAGE, Urea-PAGE and an spectroscopic methods. The thermal profile of the protein in phosphorylated and totally dephosphorylated states was monitored by following the change of intrinsic fluorescence intensity under forward- and backward temperatures between 10 to 90°C. On the base of this thermal stability of phosphorylated camel α S1 caseins were higher than dephosphorylated α S1-CN. Phosphorylated camel α S1 casein inhibits the aggregation of insulin and catalase. Our results indicate that dephosphorylated camel α S1 caseins reduce chaperone activity of casein but still show chaperone ability to some extent. The chaperone ability of the caseins depend mainly on the hydrophobic parts of the protein. Decreasing of the phosphate concentrations in the casein due to the dephosphorylation caused reduction in repulsive electrostatic interactions between negative charged α S1-CN, and the net negative charge of insulin molecules, resulting in the lower exposure of hydrophobic patches of casein and its reduced chaperone ability. In contrast, at high phosphate concentrations (phosphorylated casein), the higher repulsive electrostatic interactions between negative charged α S1-CN, and the net negative charge of insulin molecules, resulting in the higher exposure of hydrophobic patches of casein and its enhanced, chaperone ability.

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